# Brookville Multifaith Campus

One house, many faiths, endless opportunities for growth!

NEWS

Room for All An Open and Affirming Campus to the LBGTQIA+ community.

November 2025

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Dr. Syed Asad, Co-Founder mmsglobalfoundation.org/

## **Vision Statement**

Through learning opportunities, essential partnerships, and occasional shared worship, our campus welcomes all who want to learn, question and grow, while making a positive and lasting impact in the community and world.

## **Mission**

To build a multifaith community of people from different faiths who connect to one another by embracing similarities while celebrating differences.

## Find a Place to Belong

We invite you to discover a spiritual community made up of different religious groups. Each group maintains its own religious identity but fosters an open environment for learning, celebrating and honoring each distinct religion.



## LIFE IS LIKE A BOX OF WONDER--WONDER BOX LESSONS

Life is like a box of wonder, you never know what you're gonna get. This adaptation of the unforgettable words of Forrest Gump could describe the experience of the Wonder Box Lesson during the services at the Brookville Church on the Sundays of classes for the Interfaith Community (IFC) of

Long Island. You never know

what's inside the box set in the middle of the church designed to center the lesson on the meaning of the surprising objects within.

For the past few years, this lesson has been guided by Rev. Vicky, Rev. Bill and Rabbi/Cantor Irene. Objects have included mirrors, combs, water, photos, cell phones and a variety of other things meant to invoke wonder in the congregation. A recent Wonder Box Lesson includes a Bible and a bobble-head used to

elaborate on a lesson from the story of the Tower of Babel.

The leaders of the lesson are the young people of the Brookville Multifaith Campus. Sometimes described as ministers of imagination, these children challenge the adults in the community to open up their spirits with a sense of wonder.

This meaningful ritual could be described as the three R's, each letter referring to a movement that happens each time the Wonder

Box Lesson is observed: Race, Reach, and Raise. First, volunteers race up to the box to assist in the lesson. Second, they are asked to reach out and into the box to obtain a particular object. Third, they raise up the object of the lesson for all to see and wonder about its meaning. In the end, everyone of the congregation engages in a discussion, demonstration or explanation to elicit a deeper meaning of the moment and object before them.

~Rev. Bill McBride

## The Next Chapter



In 1963 we left the military service life and the first home we had was Nancy's family's cottage on a beach near Northport, NY. It became our summer

house where, over time, the kids learned to swim and water ski, but it was too remote for commuting to work. The next year we bought a new house in Muttontown, just a mile south of the Brookville Church where we started to attend. It was a lovely home and children numbers 2, 3 and 4 were born while living there for five years. Baby Marie (#4) arrived and made us realize we needed another bedroom so we bought our joy - a converted barn on a former estate in Old Westbury. It had the main house and two other buildings which became rental units. Se we had enough space for kids and visitors. We called that place home for over fifty years.

The summer that Marie was born, we created what would be our family's life style. A style that enjoyed the Beach House water in the summer and other places later on. That first June we invited (hired) a teenage girl that my parents in Minnesota found and vouched for. We moved everyone out to the Beach House for the three months of summer. The babysitter was intended as Nancy's help with baby Marie - but the Minnesota girl was also familiar with the water and swimming so the three boys started to learn to swim jumping in from our dock. For eight or ten years every summer was spent there and the teenager Dannell was part of the family every summer. She became a lifetime friend.

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## As Seen in Newsday



Members of our campus are frequent contributors to Newsday's "Ask the Clergy" column.

Rabbi Irene Failenbogen and Rev. Bill McBride both contributed to recent columns.



Newsday, Sept. 28, 2025

Newsday, Oct. 12, 2025





Many archived articles can be read at <a href="https://www.brookvillemultifaithcampus.org/in-the-news">www.brookvillemultifaithcampus.org/in-the-news</a>



## The Hidden Heart of Islam: 5 Surprising Truths About the Path of the Sufis

(This article was originally published on MMSglobalfoundation.org)



Dr. Syed Asad

## Introduction: Beyond the Whirling Dervishes

When the term Sufism arises. many people immediately think of Rumi's evocative poetry or the mesmerizing movements of the whirling dervishes. While these images are captivating, they only

hint at a much deeper and richer tradition. At the core of these practices lies Tasawwuf, which serves as the spiritual discipline at the heart of Islam. Contrary to misconceptions, Tasawwuf is not separate from Islam nor is it "un-Islamic." Instead, it is the inner science of the soul, focused on purifying the heart, fostering deep contemplation, and nurturing closeness to Allah.

Jalaluddin Rumi beautifully expresses this unity: "The lamps are different, but the Light is the same." In this metaphor, the lamp represents the outward practices of faith, while the light signifies the Divine truth that shines through them. Tasawwuf is the art of refining the lamp of the heart, enabling the Light of God to shine undistorted. This article explores five surprising truths about the Sufi path, highlighting its essential role in Islam, its value for meditation and reflection, and its continuing relevance in modern life.

## 1. Sufism Is Not a Separate Sect—It Is the Inner Core of Islam

One widespread misconception is that Sufism is an exotic offshoot of Islam. In reality, Sufism is not a distinct sect but the inward dimension of the faith itself. Classical Islamic scholars referred to it as 'ilm al-tazkiyah (the science of purification) and 'ilm al-sulūk (the science of the journey), both of which are centered on achieving Ihsan, or spiritual excellence.

The Prophet Muhammad 🕮 described Ihsan in the famous Hadith of Gabriel as "worshiping Allah as though you see Him, and if you do not see Him,

then know that He sees you." This represents the essence of Tasawwuf: living each moment in conscious awareness of God's presence. Rather than being a mystical addition, Tasawwuf is the peak of faith. As Rumi reminds us, "Don't get lost in your pain, know that one day your pain will become your cure." This path focuses on healing the heart, allowing us to walk with Allah in clarity and love.

## 2. Purification of the Heart Is a Duty, Not an Option

In contemporary society, spirituality is often marketed as an optional form of self-care. Islam, however, treats inner purification as a fundamental obligation for every believer. Human hearts are susceptible to destructive emotions such as arrogance, greed, envy, hypocrisy, and pride. These are not trivial flaws but sins that threaten one's faith.

Imam Abul Hasan al-Shadhili cautioned, "He who does not truly acquire this discipline will die persisting on major sins without being aware of it." For this reason, Sufi practices like meditation (muragabah), reflection (tafakkur), and remembrance (dhikr) are not optional—they are spiritual medicines that sustain the heart. The Qur'an itself commands, "Remember Allah often, that you may be successful" (62:10). Tasawwuf develops practical approaches to fulfill this Qur'anic instruction in everyday life.

## 3. The Name "Sufi" Comes from Wool—A Symbol of Simplicity

Despite its profound aspirations, the term Sufi traces back to modest beginnings. The most widely accepted origin is sūf, the Arabic word for wool. Early practitioners wore coarse wool garments as a sign of their rejection of material luxury and their commitment to humility. This was not a withdrawal from society, but a deliberate act of simplicity in an era of increasing wealth.

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## The Hidden Heart of Islam: 5 Surprising Truths About the Path of the Sufis continued...

Some scholars link the term to the Ahl al-Suffa, the Companions of the Prophet who lived in his mosque, dedicating themselves to worship and service. Regardless of origin, the name signifies simplicity, sincerity, and freedom from excess. Rumi's advice resonates: "Try to accept your changing fortunes. Be like a tree and let the dead leaves drop." The woolen cloak serves as a reminder to let go of what is unnecessary and to focus the heart solely on Allah.

## 4. Balancing Ecstasy with Discipline

The history of Sufism is characterized by a dynamic tension between two approaches. The "drunken" mystics were so enraptured by divine love that they occasionally made startling, ecstatic declarations. Mansur al-Hallaj, who proclaimed "Ana al-Haqq" ("I am the Truth"), is a well-known example and was executed for blasphemy. In contrast, the "sober" mystics, such as Junayd al-Baghdadi, emphasized discipline and insisted that mystical experiences must be rooted in the Qur'an and Sunnah.

This careful balance preserved Sufism's foundations in Islam, preventing it from diverging into heresy. Imam Malik summed it up: "Whoever practices Tasawwuf without figh is a heretic. Whoever learns figh without Tasawwuf is corrupt. But whoever combines both has realized the truth." Over time, Tasawwuf matured into a disciplined and orthodox framework, enriching spirituality while upholding Islamic law.

## 5. The Goal Is Not Escape—But Finding Allah in Everyday Life

There is a common image of mystics as reclusive hermits living in isolation. While Sufism does value periods of retreat (khalwa), its ultimate objective is to integrate spirituality into daily life. The Nagshbandi order expresses this with the phrase

khalwat dar anjuman, meaning "solitude in the crowd." True spirituality is not about escaping the world but about finding Allah amidst everyday activities.

The true mystic is not one who shuns responsibility but one who remembers God while caring for family, working, and serving the community. Rumi wrote, "You wander from room to room, hunting for the diamond necklace that is already around your neck." The Divine presence is always with us, and Tasawwuf guides us to polish the heart so we can perceive it clearly—whether in prayer, meditation, or the ordinary moments of life.

## **Conclusion: The Enduring Call of the Inner** Path

When stripped of exotic stereotypes, Sufism stands revealed as the science of the heart. It is profoundly Islamic, offering a way to live in the remembrance of Allah at every moment. Rumi distills this wisdom: "Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it."

Tasawwuf helps us dismantle these barriers—pride, envy, and distraction—so we can experience true closeness to Allah. In a world filled with noise and distraction, the Sufi path leads back to stillness. reflection, and divine intimacy. It teaches that the ultimate journey is not outward, but inward. This is perhaps the greatest hidden truth: the heart of Islam has always been about the heart itself.

At MMS Global Foundation, we affirm that the wisdom of Tasawwuf provides timeless guidance for reflection, meditation, and reconnecting with Allah in today's busy world.

~Syed N Asad, MD MMSglobalfoundation.org



## Honoring Rigo and Esperanza Melara

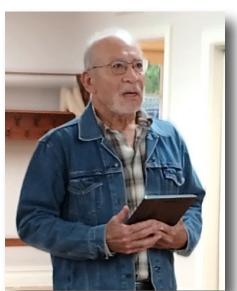
As Rev. Vicky said in our October newsletter, we have had "angels among us!" Rigo and Esperanza Melara have served our Multifaith Campus for almost 20 years. And so on October 12th we gathered together to thank them for their many years of service and commitment to our faith community. Members from each of our three religious denominations were present, and together we acknowledged the tremendous impact that Rigo and Esperanza have made on maintaining and humbly serving the needs of our beautiful church and campus grounds over these many years. We had a sumptuous buffet in their honor, and person after person came up to thank and wish Rigo and Esperanza safe journey as they travel in early December back to their home in El Salvador.

Rev Vicky honored this amazing couple with a beautiful plague with

words inscribed to express our deepest gratitude. While the Melaras will be dearly missed here at Brookville, we're most happy they are now able to return to their dear country of origin, and to the home which is there, waiting for them.

Thank you, Rigo and Esperanza.

We bid you safe journey, and "Vaya con Dios!"





Rigoberto and Esperanza Melara











## **Yom Kippur Concluding Service**

The New Synagogue of Long Island is so blessed to have Rabbi/Cantor Irene who led inspirational services for both Rosh Hosannah and Yom Kippur.

The Concluding Service included the telling of the Jonah story by the children with Rev. Bill McBride as director and Rev. Enid Kessler as narrator. Also, the blowing of the shofar was done by Gabe Cirker and Roy Weinberger.

Thank you to Seth Cirker and Steven Schombs for being our Zoom masters for all the services. May our names be inscribed for another year in the book of life!





# FOOD DRIVE Leave donations in boxes Thank you In vol. Melido Copys and your demands In the Copys In the Cop

## The Brookville Multifaith Campus Food Drive

is off to a great start!

Thank you to those who already donated food and money, but the need is great!

A list of suggested items is on the next page. You can drop off food in the Fellowship Hall, or donate funds through Venmo or Givebutter, or mail a check to Brookville Church, 2 Brookville Rd. Glen Head, NY 11545

## Venmo @Brookville-Church (7478)



## Givebutter

https://givebutter.com/Sh1iYB







# **Brookville Multifaith Campus**

cordially invites you to our annual

## **Multifaith Thanksgiving Celebration**



3 ways to RSVP and sign up to bring a dish

- Click the link at brookvillemultifaithcampus.org
- Email brookvillemfc@gmail.com
- Scan this QR code:



Sunday, Nov. 23 2 PM

> **Brookville Multifaith Campus sponsored, Community - wide Food Drive** October 20 - November 23, 2025

All donations will be delivered to The North Shore Soup Kitchen Continental Place, Glen Cove (northshoresoupkitchen.org)

Donation collection boxes will be located in the Brookville Fellowship Hall

\*\*ALL CANS should be of the 'flip top' variety if possible \*\*

No expired food, please.

## Needed:

Rice, pasta, soups, dry cereal, peanut butter, jelly, tuna, canned chili and other canned goods,

Handmade or store bought hats, scarves, mittens for adults and children also gratefully accepted.



### SYNAGOGUE OF THE MONTH SHABBAT SERVICE 5786

The New Synagogue of Long Island The Synagogue for Spiritual Judaism Rabbi Irene Failenbogen

## Synagogue of the Month Virtual Shabbat Service at 7:00 PM

Please join us on Friday. November 7, 2025

**Zoom Shabbat Service** Shabbat Service Booklet

We have no membership dues or fees. All are welcome.

Please support The New Synagogue of Long Island as generously as you can. Your contributions are the lifeblood of The New Synagogue. Please help us keep alive our inspiring teachings of Spiritual Judaism.

To make an online donation, please <u>click here</u> To print the form and mail it to us, please click here

newsynagogue.li@gmail.com. www.newsynagogue-li.org

Kindly mail your donation to: The New Synagogue of Long Island 10 Cuttermill Road, Suite 302 Great Neck, NY 11021



Additional dates listed at: https://www.brookvillemultifaithcampus.org/calendar

## The Interfaith **Community of** Long Island

will hold classes

## 11:00 AM on **Sundays:**

Nov. 16

Dec. 7

Dec. 21 (party)

Jan. 11

Jan. 25

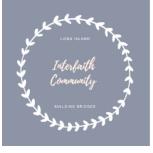
Feb. 8

March 15

April 19

May 17

June 7 (picnic)



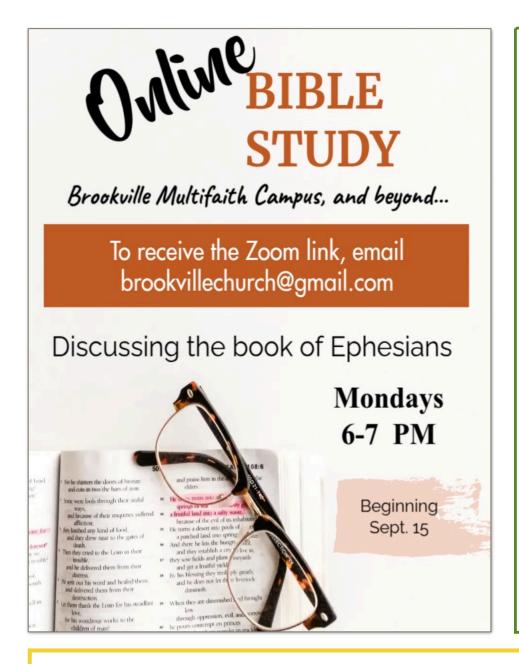
## STAY INFORMED

Please check your email for updates.

If you would like to be added to our email distribution list, please email <u>ifcoflongisland</u> @gmail.com

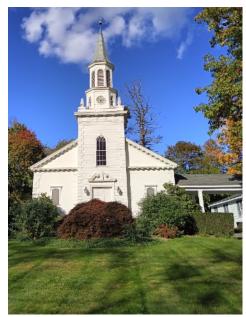
Learn more about the classes at interfaithli.org/





Please join us at Brookville Church every Sunday at 10 AM for our Worship Celebration

> Come in person or on Zoom



For a zoom link, email brookvillechurch@gmail.com



## **Duslim Reform Dovement Organization**

**Virtual Quran Study** every other Sunday, 2:30 - 4:30 PM All are welcome!

For Zoom link, please email <u>muslimreform@hotmail.com</u>





Lorrie Latzen, Jasia Mirza and another friend attended the Interfaith Institute of Long Island's 10 Anniversary Award Ceremony.

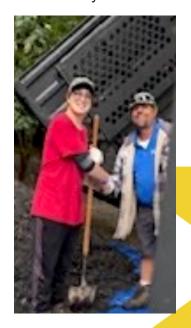


## Congratulations to

William Kelleher who led BSA troop 482 in his Eagle Project, the re-beautification of the Garden and Fountain of Remembrance at Centennial Gardens in Floral Park,

Despite starting in heavy rain, the project continued without a hitch. For seven hours, William and volunteers removed weeds, dead bushes, and even a tree. They planted a mix of plants and bushes, and mulched and composted the gardens. They power-washed the fountain, and added solar lights around it as well. The Centennial Gardens was very grateful for the project. William would like to thank everyone who donated to this project.



















## The Next Chapter, continued...

When the family got older there were other attractions at church camps which often kept us away from the beach, but no one objected because there were more young people to be with. The various camps were interesting and run by different churches, but all children were welcome. The problem became evident when we parents were busy all summer shuttling kids to different camps to meet different week's schedules. About three years into this it was necessary to change that stuff...only the kids had fun, not us.

When our granddaughter, Rachel, was in third grade she befriended a classmate and when there was an after-school project, Samantha (Sam) was invited to come over after school to work on it. Eventually Sam came to live with us, and now with BJ, as she completes her education to be a nurse. She calls us Grandpa and Grandma filling us with joy. Marie and Sam have the same birthday.

Somewhere in those years we decided an exchange student would be an interesting experience and Kicki Westerstahl came from Sweden came and went to school as a Senior where Paul (son #2) was a Junior. We made a family trip to Disney World with her. Kicki graduated from the Westbury High School and was immensely proud to wear a cap and gown because Sweden did not have high school graduations. Following up on that we went to Sweden with Marie and then her family visited us twice.

While Kicki was with us there was another Swedish exchange girl, a friend of Kicki's, staying in the Bronx. There were some difficulties during that exchange so we were asked if we could pick up Anna and have her join us for awhile until a new location could be made. Another year there was a Swedish boy whose Exchange Home wasn't ready

for him and we were asked to take him in for a month or so. Our three boys were scheduled to visit their grandparents in Minnesota so Anders went too. He had a great time in the Midwest.

About the last exchange was another short visit during the summer when Djirke (pronounced Dy-urki) came from Germany and a scheduling snaffu had cast him adrift. We were asked to welcome him until an Exchange Home for the school year could be arranged. He was BJ's (son #3) age so they got along well. That visit gave us a chance to take the two boys to Red Lodge, Montana where we also spent two days in Yellowstone Park and saw a rodeo in Casper, Wyoming. We had packed a lunch for the first day in the Park and while sitting at a table on the roadside a huge moose came by on its way into the forest.

Some of our happiest memories are connected to the Exchange Students and their families. But those stories just caused us to do similar welcomings for Business Interns from France who came for six months to our US distribution warehouse. They were fifth year college seniors who had to have an International Internship for their Business degree. Many of them passed through our home and two stayed for the whole six months and continue to connect with us with visits, as recently as earlier this month.

If you want to change your life and your family's by welcoming young people who can give you as much joy as I have mentioned here just ask Google for Exchange Student Programs in your area. You will not be sorry.

~Branch Worsham. **BEAT NAVY!**